

# Szekelyföldi Couple Dance

(Transylvania)

This dance is the last dance of the "dance cycle" in the Szekelyföld region of Transylvania. Szekelyföld is a largely Hungarian area lying within the borders of Romania.

Pronunciation: SAY-kay-ferl-dee

Cassette: Szabo Hungarian Dances #3

2/4 meter

Formation: One large circle of couples in ballroom pos. M R hand and W L hand on ptr's shldr and M L and W R hands joined higher than regular ballroom pos. W with backs to ctr of circle.

Meas

Pattern

Part A

I. SINGLE CSARDAS STEP

Written for M, W do opp ftwk and direction.

- 1-4 Introduction – no movement.
- 5 Step on R to R (ct 1); close L to R, no wt (ct 2). Note: meas 5 is Single Csardas Step.
- 6-8 Continue Single Csardas Steps alternating direction for a total of 4 times.
- 9-16 Dance 8 more Single Csardas Steps starting R for M, L for W.

II. CIFRA STEP

Written for M, W do opp ftwk and direction.

- 1 Leap onto R to R (ct 1); step on ball of L ft in front of body (ct &); step on R in place (ct 2).  
Note: cts 1, &, 2 are a Cifra step.
- 2-8 Continue Cifra steps alternating direction for a total of 8 times.

III. BOKAZO WITH CIFRA STEP

Written for M, W do opp ftwk and direction.

- 1 Scoot L ft to R while clicking R heel to L heel (ct 1); repeat ct 1 (ct 2).
- 2 Dance one Cifra step to R.
- 3-8 Repeat meas 1-2 (Bokazo with Cifra) 3 times alternating ftwk and direction.

Part B

I. TRAVELING SEQUENCE

Written for M, W do opp ftwk and direction.

- 1 Dance Single Csardas Step fwd on R while moving into semi-open ballroom pos with W on M R.
- 2 Dance Single Csardas Step on L remaining in semi-open pos but stepping away from W.
- 3-8 Continue Single Csardas Steps twd and away from ptr for a total of 8 times. Use all 8 Single Csardas Steps to rotate the cpl CCW one circle to face RLOD.

## Szekelyföldi Couple Dance—continued

- 9 Traveling in RLOD, step fwd on R, bending R knee (ct 1); slight leap onto ball of L moving fwd in RLOD (ct 2).
- 10-12 Repeat meas 9 three more times.
- 13 Dance Single Csardas Step on R twd W.
- 14 Dance Single Csardas Step on L away from ptr.  
Couple rotates 1/4 turn CCW to face out of circle.
- 15-16 Repeat meas 13-14.
- 17-24 Repeat meas 9-16 in LOD. On meas 24, remain facing ctr of circle.

Part CI. CROSSING AND TURNING

Meas 1-4 written for M, W do opp ftwk and direction.

- 1 Dance Single Csardas Step on R twd ptr
- 2 Dance Single Csardas Step on L away from ptr
- 3-4 Repeat meas 1-2.
- 5 M: Step on R to R, bending R knee (ct 1); step on L next to R (ct 2).  
W: Step on L in front of M, bending L knee (ct 1); step on R facing M and moving to M's L side (to semi-open pos) (ct 2).
- 6 M: Step on R to R (ct 1); bring L ft to R, no wt (ct 2).  
W: Bring L ft to R and bend both knees, standing on both ft (ct 1); straighten both knees (ct 2).  
Note: In meas 5-6, M leads W to semi-open pos on his L side.
- 7-8 Repeat meas 5-6 with opp ftwk and direction.
- 9-16 Repeat meas 1-8.
- 17-22 Repeat meas 1-6.  
Variation: W ends up on M's R, W's L hands above the shldr and farther away from ptr than semi-open pos.
- 23 Turn:  
M: Step fwd on R on a circular path around W (into the circle). Bend R knee while beginning to turn W CCW with R hand (ct 1); leap fwd onto ball of L ft on circular path continuing to turn W CCW.  
W: Step on L in place bending L knee and beginning to turn CCW (R arm is held in front of body, bent at elbow) (ct 1); step on ball of L ft in place completing one turn (ct 2).
- 24-25 Repeat meas 23 twice.
- 26 Repeat meas 23, ct 1 with M having made a semi-circle around the W (W is now on M L side) (ct 1); M pivot twd W on R, W complete final turn by pivoting on L (ct 2).
- 27-30 Beg M L, W R, dance 4 Single Csardas Steps starting twd ptr.
- 31-32 Repeat meas 23 twice. End in beginning formation: hold (meas 32, ct 2).

Part A

- 32 meas Repeat Part A adding 4 Single Csardas Steps in place of the introduction.

## Szekelyföldi Couple Dance—continued

Part DI. ONE BIG CIRCLE

- 1-8 Repeat Part B, meas 1-8 using meas 1-4 to rotate one CCW turn and meas 5-8 to move twd ctr of circle. W step on ball of L ft behind R on meas 8, ct 2.
- 9 Step on R to L bending R knee (ct 1); leap onto ball of L to L (ct 2).
- 10-14 Repeat meas 9 five times.  
Note: Use the 4 cts in meas 9-10 to form one circle in shldr hold (T-pos).
- 15 Step on R to L bending R knee (ct 1); hop on R bringing L ft out to L side (ct 2).
- 16 Step on L to L (ct 1); hop on L (ct 2).
- 17 Step on R to R (ct 1); hop on R bringing L ft across in front of R ft (ct 2).
- 18-22 Repeat meas 9 five times with opp ftwk and direction.
- 23-25 Repeat meas 15-17 with opp ftwk an direction.
- 26 Step on R across in front of L (ct 1); step on ball of L ft to L (ct 2).
- 27 Repeat meas 26.
- 28 Step on R across behind L (ct 1); step on ball of L ft to L (ct 2).
- 29 Repeat meas 26.
- 30 Repeat meas 28.
- 31-33 Repeat meas 15-17.
- 34-37 Repeat meas 9 four times with opp ftwk and direction.
- 38 Step on L to R bending L knee (ct 1); hop on L bringing R ft parallel to L ft (ct 2).
- 39 Jump up and land with ft parallel on floor, approx 12 inches apart (ct 1); jump up and click heels together in air (ct 2).
- 40 Land with both ft together on the floor (ct 1); hold (ct 2).

Presented by István Szabó